

# **Activity Community Programme**



Active communities is an investment programme funded by Sports Northern Ireland Lottery Fund, that seeks to increase participation in physical recreation, especially amongst under represented groups through the provision of an Outdoor Pursuits Instructor and the delivery of heavily subsidized activity sessions.

This programme will run initially for one year and offer the following activities for those who live in Armagh, Banbridge and Craigavon. The location of the activities will vary and for some of the sessions we can even come to you!:

## **Activities on offer**

- Orienteering
- Cycling
- Canoeing
- Sailing
- Snow skiing
- Climbing Wall
- Walking

**Type of programme on offer:** After Schools Clubs, Girls Only Taster sessions, Girls Only 2 day courses, 6 x 1 ½ hr activity sessions, Mother and Daughter courses, Family sessions, Youth clubs. Summer scheme sessions, introductory sessions to the clubs in your area.

## **Client groups**

- People with a Disability
- Females
- Over 50s
- Young People
- People from a ethnic minority group
- People from a socially –economically deprived group

**Cost:** Between £2.00 - £3.00 per person per session

For further details and bookings please contact Kelley Rushton at Craigavon Watersports Centre on Tel 02838-342669 or [Kelley.rushton@craigavon.gov.uk](mailto:Kelley.rushton@craigavon.gov.uk)

